

## Information Before Registration

1. **Wildlife and Safety:** The campus is surrounded by forests with wildlife, including elephants, wild boars, buffalo, deer, peacocks, and snakes. Stay alert and avoid walking into unlit areas at night. Despite the presence of wildlife, the campus is safe, with many staff families living on-site.
2. **Energy Use:** Our green campus relies primarily on solar energy. Air conditioners use government electricity, which can be erratic. Please keep doors and windows closed when using them. Contact the office for any issues.
3. **Maintenance and Supplies:** The admin meets residents every Monday and Friday for maintenance and non-medical needs. Essential items can be requested with a service charge of INR 50. For urgent needs, please hire a taxi.
4. **Internet:** We offer good internet with a backup service, though not 100% reliable due to our remote location. Internet packages are available for purchase. Malicious websites are blocked.
5. **Laundry:** Washing machines are available on both floors and in all cottages, with a cloth drying area. Washing powder costs INR 50 per wash.
6. **Ironing:** Ironing facilities are available in the laundry room. Please ensure the equipment is turned off after use.
7. **Linens:** Bed linens and pillow covers are changed twice a week. If you prefer, bring your own linens and manage their laundry.
8. **Towels:** Five pre-washed towels are provided, marked with your initials for identification.
9. **Diet:** We do not provide a zero-sugar diet or special meal options. Meals include a standard 7-day vegetarian diet plan, sometimes with onion and garlic. If needed, you can purchase fruits like pomegranates, apples, or guava as a supplement, with a small service charge for local purchase.

10. **Meal Schedule:** Breakfast is served at 7:45 AM, lunch at 12:30 PM, and dinner at 7:30 PM. Lunch is the most elaborate meal, while breakfast and dinner are simpler. A snack or hot soup/herbal drink is served at 4 PM.
11. **Water:** Purified drinking water dispensers are available on both floors. Water jugs and thermos are provided in all rooms. Exclusive drinking water arrangements are available in cottages with an instant hot water kettle.
12. **Prohibited Substances:** Smoking, tobacco, alcohol, and drug use are prohibited on the campus.
13. **Leaving Campus:** Obtain consent from the Vaidyas before leaving the campus during treatments.
14. **Room Sharing:** We do not arrange room sharing with strangers, but you may share a room with family or friends.